

# SALTDEAN FC RISK ASSESSMENT RECORD

**Activity:** Football Training / Match

**Team:** Saltdean United FC

**Location:** Including but not limited to Hill Park, Culver Road and any other training location

**Date:** August 2021

**Assessed by:** Joe Mctiffen

**Signed:** Joe Mctiffen

Risk matrix								
Risk rating guidance	Likelihood (L)	5	5	10	15	20	25	Likelihood (L) x Severity (S) = Risk rating (RR).
		4	4	8	12	16	20	
		3	3	6	9	12	15	
		2	2	4	6	8	10	
		1	1	2	3	4	5	
			1	2	3	4	5	
Severity (S)								
Acceptability of risk guidance	<b>High risk: 15-25</b>		High-risk activities should cease immediately. Further effective control measures to mitigate risks must be introduced.					
	<b>Medium risk: 8-12</b>		Medium risks should only be tolerated for the short term and only whilst further control measures to mitigate the risks are being planned and introduced.					
	<b>Low risk: 1-6</b>		Low risks are largely acceptable. Where it is reasonable to do so, efforts should be made to reduce risks further.					
Guidance. When completing a risk assessment, you should:	<ol style="list-style-type: none"> <li>1. Identify the persons at risk and the significant hazards.</li> <li>2. Calculate an initial RR for the activity.</li> <li>3. Identify risk control measures that reduce the risks to an acceptable level.</li> <li>4. Calculate a revised RR - you should consider how much safer the task will be if the control measures are followed. Here, you should consider changing both the likelihood (L) and the severity (S) ratings.</li> </ol>							
<b>Note.</b> Ideally, you should look to reduce the risks so that the task can be classified as "low risk".								

Notes for coaches:

- Details of attendees to be kept for 4 weeks after every training / match for track and trace
- 2 metre rule applies outside of game time
- Hand sanitizer in kit bag
- Maintain social distancing rules for warm ups
- No water bottles to be used – players must provide their own until further notice
- Players do not share bibs – single use
- Wash bibs after session but if not possible, store sealed for a MINIMUM of 72 hours before using again

For the purposes of this risk assessment, "game time" applies to any football activity whereby social distancing cannot happen and is not limited to matches.

Hazards (see over)	People at risk	Controls to be in Place	Likelihood	Out come	Risk rating (see over)	Actions Necessary
1. Coach / Player catching COVID 19 off one another during training or games	Coach and players	<ul style="list-style-type: none"> <li>- No coach or player should attend a session if they have any symptoms of the virus – it is recommended that all players and coaches take a lateral flow test before training and match days.</li> <li>- Track and trace is recommended using the Saltdean signage at the front of the clubhouse.</li> </ul>	2	2	4	Club to look at gaining lateral flow tests

		<ul style="list-style-type: none"> <li>- When arriving / leaving, both coach and players should wash hands and ensure they have their own water bottle</li> <li>- Coaches are advised to wear masks however this is not compulsory</li> <li>- Players will be prohibited from spitting / clearing airways unless a tissue is used and disposed of.</li> <li>- Substitutions can sit in the dugout but we recommend spacing out and keeping distance to minimise close contact.</li> <li>- We recommend no huddle or hand shakes, goal celebrations should not involve touching, hugging or being in contact with other players – social distancing must be followed where possible outside of playing time – this will reduce close contact.</li> </ul>				
2. Coach / Player catching COVID 19 due to the use of changing rooms	Coach and Players	<ul style="list-style-type: none"> <li>- Changing rooms can be used, however participants should use their own judgment and minimise use where possible to avoid close contact in a crowded area for a prolonged time. The club recommend a maximum of 7 players at one time.</li> <li>- The club recommend for players to wear masks when changing in small groups.</li> <li>- Cleaning of the changing rooms should be thorough after use and checked before anyone else enters</li> <li>- If changing rooms are not available, players to arrive in their own shorts and socks and match shirts will be provided.</li> </ul>	1	2	2	<p>Changing rooms to be monitored for matches.</p> <p>Note: coaches will have keys for use of dressing rooms by vulnerable players / U18s if required</p>

3. Coach / Player catching COVID 19 due to using the same equipment	Coach and Players	<ul style="list-style-type: none"> <li>- All equipment will be sprayed / wiped down after each session</li> <li>- No water bottles will be provided, players must supply their own – unless covid friendly and numbered for specific individuals.</li> <li>- Coaches to ensure they use products provided by the club</li> <li>- Use minimal equipment during training</li> <li>- Mannequins can be used but must be sprayed before and after training.</li> </ul>	1	2	2	Club to provide cleaning products
4. Coach / Players mixing with large groups catching COVID 19	Coach and Players	<ul style="list-style-type: none"> <li>- Coach and Players to social distance when not playing or training. During discussions or walk through coaching, we recommend players keep distance to avoid unnecessary close contact.</li> </ul>	1	2	2	Minimise group “chat time” and ask players to maintain social distancing outside of ‘game time’
5. Player / Coach starts to get symptoms of COVID 19 during a session / match	Coach and Players	<ul style="list-style-type: none"> <li>- Coach / Player will be asked to stop training immediately and go home</li> <li>- Coach / Player will then need to follow the government guidelines. A PCR test should be taken.</li> <li>- If an individual has come in to contact with someone showing COVID symptoms, they should self isolate until the person in question gets their test results and follow government guidelines.</li> <li>- If test results positive, all coaches / players who have come in to contact with the person in question will be contacted (through track and trace) and will be asked to self isolate following</li> </ul>	2	2	4	Follow government guidelines – book a test if needed

		government guidelines .				
6. Players / coaches catching COVID 19 due to sharing private transport or using public transport	Coach and Players	<ul style="list-style-type: none"> <li>- All coaches and players should avoid sharing lifts unless they are from the same household. If this is not possible, masks should be worn with the windows open.</li> <li>- If catching public transport, we recommend a face mask should be worn and keep 2m distance from other members of the public. You should be cleaning hands regularly using hand sanitiser.</li> <li>- When arriving to the session, all coaches and players should use the cleaning products available to sanitise their hands.</li> </ul>	2	2	4	
7. Players / Coaches coming in to contact with other teams training at the same location	Coach and Players	<ul style="list-style-type: none"> <li>- Coach to set out grid of where they would like to train using cones</li> <li>- Other small groups to ensure they keep 2m distance when setting up training grids</li> <li>- If the government guidelines and risk assessment controls cannot be followed, training to be cancelled or moved to a location that can follow the procedures.</li> </ul>	1	3	3	Have a back up plan for training
8. Physio coming in to close contact with player due to injury	Physio and players	<ul style="list-style-type: none"> <li>- Physio or the coach administering first aid must have full PPE including a mask, gloves and disposable apron.</li> <li>- If players injury is not life threatening or requires specific first aid treatment, player will be asked to walk off the pitch themselves.</li> </ul>	1	3	3	PPE equipment to be purchased